

I'm
**PASCAL THE
PIG**

JANUARY

2020

TDA's January 2020 Menu Calendar



**GOOD
EATS AT**

**HAPPY
NEW
YEAR**

**SPECIAL
ANNOUNCEMENTS**

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M	T	W	TH	F
NO SCHOOL 6	NO SCHOOL 7	NO SCHOOL 1	NO SCHOOL 2	NO SCHOOL 3
NO SCHOOL 6	BREAKFAST PIZZA, FRUIT, JUICE, MILK 7	BACON , EGGS, BISCUIT & GRAVY, FRUIT, JUICE, MILK 8	PANCAKE WRAP, YOGURT. FRUIT, JUICE, MILK 9	SAUSAGE BISCUIT, FRUIT, JUICE, MILK 10
PANCAKES, BACON, FRUIT, JUICE, MILK 13	SUNRISE SANDWICH, FRUIT, JUICE, MILK 14	CHICKEN BISCUIT, FRUIT, JUICE, MILK 15	OATMEAL, CINNAMON TOAST, FRUIT, JUICE, MILK 16	BREAKFAST BARS, HASHBROWNS, BISCUIT, FRUIT, JUICE, MILK 17
NO SCHOOL 20	CHEESE OMELET WRAP, FRUIT, JUICE, MILK 21	WAFFLES, SAUSAGE, FRUIT, JUICE, MILK 22	BREAKFAST PIZZA, FRUIT, JUICE, MILK 23	DONUTS, SAUSAGE, FRUIT, JUICE, MILK 24
PANCAKES, SAUSAGE, FRUIT, JUICE, MILK 27	BREAKFAST BARS, HASHBROWNS, BISCUIT, FRUIT, JUICE, MILK 28	BANANA BREAD, YOGURT, FRUIT, JUICE, MILK 29	BACON , EGGS, BISCUIT & GRAVY, FRUIT, JUICE, MILK 30	SAUSAGE, EGG, & CHEESE BISCUIT, FRUIT, JUICE, MILK 31



PASCAL Pig

Pascal the pig may be stout but he is strong! Pascal was born without a tail so the veterinarian made him a mechanical tail out of a spring. Pascal uses his super spring tail to jump super high!



WHAT TO KNOW

Pork is a protein food that is used in many recipes like ham sandwiches, pork chops, pulled pork tacos, and jambalaya. Did you know that pork is an excellent source of nutrients such as protein, thiamin, niacin, vitamin B-6, and phosphorus? It is also a good source of potassium, zinc, and riboflavin.



JOKE OF THE MONTH

Q: Why should you never tell a pig a secret?

A: Because they love to squeal!

POWER
HIGH JUMP

PASCAL'S
FAVORITE
ACTIVITY
Jump Rope



MAD LIB!

BECOMING PART OF THE SUPER SQUAD!

Pascal Pig was not always a _____ who spent his time educating kids about
eating healthy and dodging evil _____. He was once a normal, average
_____. He had a _____ life growing up on the farms of Texas. Now
he spends his time doing _____ and traveling around Texas in his _____
to help kids learn about eating right so they can become Healthy Heroes too!

